



Jungian Dreamwork Group

Every dream comes in the service of health and wholeness

Listen with your heart and head to explore your dreams

What is Jungian Dreamwork?

Dreamwork differs from classical dream interpretation in that the aim is to explore the various images and emotions that a dream presents and evokes, while not attempting to find a single unique dream meaning. In this way the dream remains alive and understanding awakens.

To find out more about Jungian Dreamwork or if you would like to attend a session please use the following details:

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