

# Jungian Dreamwork Group

Every dream comes in the service of health and wholeness



Listen with your heart and head to explore your dreams

## What is Jungian Dreamwork?

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Dreamwork differs from classical dream interpretation in that the aim is to explore the various images and emotions that a dream presents and evokes, while not attempting to find a single unique dream meaning. In this way the dream remains alive and understanding awakens.

**To find out more about Jungian Dreamwork or if you would like to attend a session please use the following details:**

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**JUNGIAN PSYCHOTHERAPY**